

Surf PE (Off Campus)

Grade Level(10-12) (10 Credits)

- *Meets high school graduation requirement for (Subject)*
- *Meets the UC/CSU subject area "(A-G)" requirement*



General Information

Description:

Take PE at the beach!! In this PE class, just like any other sport, you will practice and refine surfing techniques and do all of this at the beach. If you ever wanted to go surfing while at school, here is your chance. Surf PE is a morning PE class designed to introduce students to the sport of surfing. Emphasis is placed on water safety with a thorough 150m swim test and a five minute treading water test before class admittance. All enrolled students will be provided sufficient time to return to school for their next period class.

Expectations and Goals

Students **MUST** provide their **OWN** transportation.

Students signing up for Surf PE must provide their own surfboard and wetsuit.

Estimated Homework

NONE!!!

This Class Is Best For...

If you like the beach and ocean, THIS CLASS IS FOR YOU!!